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|  |  |
| ZOO RAU KOJ LUB QHOV NCAUJ |  |
| NWS YOG IB FEEM NTAWM KOJ LUB CEV |  |
| Koj Lub Qhov Ncauj thiab HPV |  |
| HPV yog ib qho ntawm cov kab mob sib kis tau ntau tshaj plaws. Nws tuaj yeem kis tus mob |  |
| qhov ncauj thiab caj pas. Thiab muaj qee hom HPV uas ua rau muaj kev phom sij rau qee yam mob qog noj ntshav hauv taub hau thiab caj dab. |  |
| HPV txuas nrog 70% ntawm cov qog nqaij hlav hauv qhov ncauj. |  |
| Nws kis tau los ntawm kev sib cuag ntawm daim tawv nqaij thiab los ntawm kev sib deev ntawm qhov ncauj. Txhawm rau tiv thaiv koj tus kheej los ntawm HPV thiab lwm yam mob qog noj ntshav hauv qhov ncauj, siv cov hnab looj tes thiab txuam hniav kom txo tau qhov kis ntawm qhov ncauj. |  |
| Cov neeg haus luam yeeb muaj kev phom sij ntau dua hais txog HPV ntawm qhov ncauj. Yog tias koj muaj kev sib deev, koj yuav tsum tau kuaj mob STI kom tsis tu ncua. |  |
| Tshuaj tiv thaiv kab mob HPV thiab kev noj qab haus huv ntawm qhov ncauj |  |
| Cov tshuaj tiv thaiv tau tsim los tiv thaiv qog noj ntshav ntawm ncauj tsev me nyuam thiab qhov chaw mos, tab sis nws ua hauj lwm los tawm tsam HPV ntawm qhov ncauj. Ntau tus tau txais cov tshuaj tiv thaiv hauv lawv cov tub ntxhais hluas. |  |
| Lub Chaw Tswj Xyuas Khoom Noj & Tshuaj tau pom zoo txhaj tshuaj tiv thaiv HPV rau cov neeg muaj hnub nyoog 45 xyoo. Cov tshuaj tiv thaiv HPV yog ib txoj hauv kev nyab xeeb thiab siv tau zoo los txo cov kev phom sij ntawm kev kis tus kab mob HPV hauv qhov ncauj thiab cov qog nqaij hlav uas lawv tuaj yeem ua tau. |  |
| Cov tshuaj tiv thaiv HPV muaj cov ntaub ntawv kev nyab xeeb. Los ntawm American Academy Pediatrics |  |
| (AAP) tshaj tawm tias ntau dua 170 lab koob tshuaj tau muab rau yam tsis muaj kev txhawj xeeb txog kev nyab xeeb. |  |
| Xav paub ntxiv |  |
| Minnesota Lub Chaw Saib Xyuas Hniav (Minnesota Oral Health Coalition) |  |